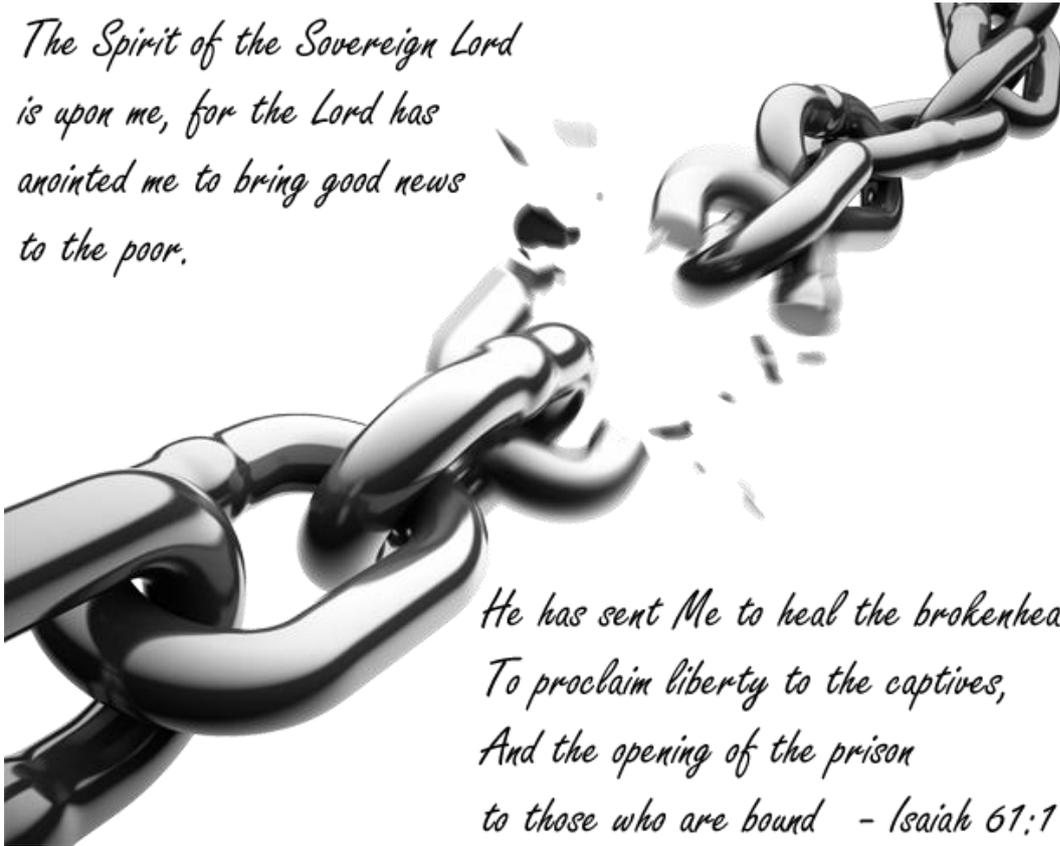


‘Fight The Good Fight’

Inner Healing and Deliverance Prayers

*The Spirit of the Sovereign Lord
is upon me, for the Lord has
anointed me to bring good news
to the poor.*



*He has sent Me to heal the brokenhearted,
To proclaim liberty to the captives,
And the opening of the prison
to those who are bound - Isaiah 61:1*

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Contents

1. Cover Page
2. Contents Page
3. Protection Prayer, Sifted like Wheat
5. Stand, Stand, Stand
6. Wrestling with God
8. Should We Forgive The Devil?
11. Post Deliverance Prayer

*******Most of the prayers in this PDF are unique and not a replica of other people's ideas ~ they are created through revelation of the Holy Spirit and our view of what He has shown us as He works with us. There may be the odd prayer or idea that has been added to our Ministry from others because it impacted us, but more often than not you will be viewing an original.***

All prayers are subject to change as God gives new insight and revelation. All prayers are to be prayed out loud. Often you will see we ask you to do a prophetic act. A prophetic act is an action of obedience as a step of faith in the natural (physical) realm that supports God's workings in the spiritual realm, to release the power, presence and victory of God into a situation.

Prayer Of Protection: “Father God in the name of Jesus Christ and by the Power of Your Holy Spirit I pray that You would guide me through this journey of deliverance and healing. I thank You for the presence of the Holy Spirit.

I ask for Your protection, and that I am covered with the Blood of Jesus Christ. I also pray this protection over my loved ones, our pets, our belongings and our surroundings.

With the authority given to me by the Lord Jesus Christ of Nazareth, I bind you Satan, all demons and any other agents of Satan, my own human flesh which is antichrist, from any harm or attacks targeting me, my family, our homes and properties, our pets and belongings, our health and our finances, our businesses and our ministries.

I also bind you from any interference, distraction, transference, or blocking or counterfeiting the Holy Spirit, in Jesus name. I bind up and forbid any counterfeit gifts, un-godly manifestations, and lying signs and wonders, in Jesus name.

Father God, I thank You for Your heavenly angels and pray that they would be released in accordance with Your word.”

Please Note - Many of our prayers as an added precaution will include the term ‘ancestors’ to cover any sins that they may have participated in that you are unaware of.

Sifted Like Wheat - And the Lord said, “Simon, Simon! Indeed, Satan has asked for you, that he may sift you as wheat. But I have prayed for you, that your faith should not fail; and when you have returned to Me, strengthen your brethren” (Luke 22:31-32, NKJV).

And the LORD said to Satan, “Behold, all that he has is in your power; only do not lay a hand on his person” (Job 1:12, NKJV).

However, regarding the ambassadors of the princes of Babylon, whom they sent to him to inquire about the wonder that was done in the land, God withdrew from him, in order to test him, that He might know all that was in his heart (2 Chronicles 32:31, NKJV).

We see by these two Scriptures that the Lord allows satan access to us in order to see what is in our hearts. This time of testing is never easy but it is the most essential time for us to never stop trusting God. My times of testing have been absolutely awful. In these times you can doubt, you can lose faith and you may even feel like walking away. The most important thing I have learned is to ask for help, especially by asking others to pray for you and continue to keep seeking God for answers as the revelations you receive in these dark times help you to hang on to the promises of God. During these times I have doubted God - I have even seen Him as a real mean person doubting that He is good. This of course is a lie from the pit of Hell. The devil wants you to see God as a bad person, he wants you to doubt Him but the word of God never lies. The word of God tells us that God is good. If the suffering you are going through is bad then trust that God is still good and that

suffering will be turned for good. The devil once mimicked the voice of the Holy Spirit to me and told me that trusting God isn't always about believing only good things will happen to me. On the surface it appeared right and I partnered with it because bad things can afflict us but it later turned out that this was the mind-set of someone with a foreboding spirit. One with a foreboding spirit tends to focus on the negative outcome as opposed to believing or focusing on the good. When the Lord revealed this mind-set to me He said "Trusting God isn't about believing bad things won't happen to you. Trusting God is believing that He will deliver you out of them all". ***Many are the afflictions of the righteous: but the LORD delivereth him out of them all (Psalm 34:19, KJV).*** I asked Him about the twist and although subtle this is what He showed me. The first thing we need to know and believe is that He is good. If we believe we won't always receive good things then we are not trusting that God who is good works all things together for good. It doesn't mean that bad things won't happen – it means they will be turned for good if we trust God who is good. If we keep a right focus and attitude continuing to believe in the goodness of God we will soon reap that goodness from a right mind-set.

So when they had eaten breakfast, Jesus said to Simon Peter, "Simon, son of Jonah do you love Me more than these?" He said to Him, "Yes, Lord; You know that I love You." He said to him, "Feed My lambs." He said to him again a second time, "Simon, son of Jonah, do you love Me?" He said to Him, "Yes, Lord; You know that I love You." He said to him, "Tend My sheep." He said to him the third time, "Simon, son of Jonah, do you love Me?" Peter was grieved because He said to him the third time, "Do you love Me?" And he said to Him, "Lord, You know all things; You know that I love You." Jesus said to him, "Feed My sheep. Most assuredly, I say to you, when you were younger, you girded yourself and walked where you wished; but when you are old, you will stretch out your hands, and another will gird you and carry you where you do not wish." This He spoke, signifying by what death he would glorify God. And when He had spoken this, He said to him, "Follow Me." (John 21:15-19, NKJV).

Just as the Lord asked Peter three times if he loved Him He too will test our hearts to see if we still love Him, more so in the times when it appears we are not receiving from Him. He desires for us to love Him for Him and not for what we can receive from Him. He desires for us to trust in Him even when it seems that He is not there for us. We need to make a conscious choice to continue to believe in God and His goodness so that we can be recipients of that goodness and then be able to pass on that goodness to others.

When Job was being tested he came to the conclusion that God was God and that He had to humble himself and repent for even questioning why God did the things in the ways that He chose. We too need to come to that place where we accept that God is God and that His ways are higher than our ways. We need to choose to continue to love Him even when we do not agree with Him or understand what is happening to us.

(PRAYER) – "I forgive You God for testing Me. I forgive You for allowing satan to sift me like wheat. I choose to continue to keep loving You. I choose to keep believing

that You are good. I declare that I love You Father, Son and Holy Spirit. I repent that I questioned and judged Your actions. You are the potter and I am merely the clay – who am I to question You? I break all mind-sets where I have not believed in Your goodness. I partner with and release a Kingdom mind-set of believing and knowing that You are good. I choose to believe always that good things will happen to me. Many are the afflictions of the righteous and I choose Lord to believe that You will deliver me out of them all, Amen.”

Stand, Stand, Stand – Over the last five years I had been going through a health trial. Everything in my physical body appeared to be breaking down. One thing after another was hitting me. I seemed to be getting more and more wrong with me. The last month had become intense. Things were very hard. My most disconcerting symptom was adrenaline surges about 30 times a day every day appearing out of nowhere. Every time they hit I could feel the energy surging around through my body which caused squeezing and chest pain in the centre of my chest. With this was stomach, oesophageal and intestinal cramps, intense nausea, chills, trembling and breathlessness which lasted anywhere from 10 minutes to one whole hour at a time. These things were waking me from my sleep 2 – 3 times a night. I felt that at any moment I could have a heart attack. It was very scary. I was already on proton pump inhibitors due to GERD (Gastrointestinal Reflux Disease) which weren't working very well. My oesophagus was inflamed and I was having to cut out more and more foods that aggravated the condition. The doctor diagnosed anxiety and panic attacks alongside the Gerd. I had battled anxiety all my life but nothing like this. This all began when I began transitioning into menopause. For some women fluctuating hormones during the transition can really send their bodies into a state of flight or fight mode where their bodies are stuck on hyper alert 24/7. The exact same thing happened to my Aunty years ago when she transitioned.

Although I was seeking doctors and seeking God I seemed to be getting nowhere. Confusion set in. The doctor prescribed me medication after medication. The side effects seemed to be nearly as bad as the problems. I no longer could hear the leading of the Holy Spirit. I was getting desperate. I really was at the point where I did not know how I could continue. Sinking into a pit of despair I cried out to the Lord one more time. Thankfully He answered and this is what I received – ***“Stand, stand, stand. It is time to win. I have gone ahead of you and prepared the way. I have defeated the enemy. All I ask of you is to believe. You can either choose to believe the enemy that he has won, or you can choose to believe Me that I have won. You prepare a table before me in the presence of my enemies; You anoint my head with oil; My cup runs over. Surely goodness and mercy shall follow me all the days of my life; And I will dwell in the house of the LORD Forever (Psalm 23:5-6, NKJV). Neither look to the left, nor to the right – focus on Me. Look to the author and finisher of your race. Time to trust – time to just rest in Me. Nestle in My presence – bask in My glow. Believe in Me, rest in Me. Focus on Me, focus on the victory that I won for you – Calvary where My blood was shed. This was for you. ‘I will do it’ saith the Lord! If you die in this, then that is My will. Choose Me and allow Me to give you My life. Giving Me your life involves trusting that I am going to do the will of My Father for you.*”**

What is the will of the Father? That you shall live and not die and declare the works of the Lord (Psalm 118:17, NKJV). I want to give you life. All you need to do is give Me your life.” Trust in the LORD with all your heart, And lean not on your own understanding; In all your ways acknowledge Him, And He shall direct your paths (Proverbs 3:5-6, NKJV).

My sheep hear My voice, and I know them, and they follow Me (John 10:27, NKJV).

(PRAYER) – “Father God in Jesus name I choose to believe that you have gone ahead of me and prepared the way. I choose to believe that You have defeated the enemy and won the victory for Me. I choose to trust You. I choose to neither look to the left, nor to the right. I choose to look straight ahead at the author and finisher of My race. I choose to rest in Jesus – to nestle in His presence and in His glow. I give to You Lord Jesus my life. I exchange my life for Your life. You choose whether I live or die. I trust that You are good. I trust that You are for me. I trust that You want to bless me. I trust that You will deliver me out of every affliction. I trust that if I make any wrong decisions that You will correct them. I am Your sheep, You are My shepherd – I know that I can hear Your voice. I rest in You and wait for Your direction. Thank You Lord Jesus, Amen.”

Wrestling with God - Then Jacob was left alone; and a Man wrestled with him until the breaking of day. Now when He saw that He did not prevail against him, He touched the socket of his hip; and the socket of Jacob’s hip was out of joint as He wrestled with him. And He said, “Let Me go, for the day breaks.” But he said, “I will not let You go unless You bless me!” So He said to him, “What is your name?” He said, “Jacob.” And He said, “Your name shall no longer be called Jacob, but Israel; for you have struggled with God and with men, and have prevailed.” Then Jacob asked, saying, “Tell me Your name, I pray.” And He said, “Why is it that you ask about My name?” And He blessed him there. So Jacob called the name of the place Peniel: “For I have seen God face to face, and my life is preserved.” (Genesis 32:24-30, NKJV).

The last couple months had been a real struggle for me. Two days ago whilst at my wits end I was home alone and felt really angry. I was angry at God for not healing me as He had promised He would. It had been five years and I was getting worse not better. I was suppressing my angry thoughts when a voice said to me **“Why are you angry at Me?”** I knew that voice to be the Lord so I snapped out loud “Because you won’t heal me”. He then said **“But I have, because Jesus paid the price”!** “Yeah” I said “But it isn’t as easy as that is it. We have to pass tests, we have to clear sin from our lives and jump through a thousand hoops before it is ours”. He said **“Is there a test you still have yet to pass?”** I said “I believe so and it is that I need to trust you before you will heal me. You told me this from the beginning.” **“Yes I did and it is easier said than done isn’t it. If you can’t trust Me and I won’t heal you then it seems we have reached a stalemate does it not?”** “Yes” I replied. **“I have a solution, in fact I have an ace up my sleeve!”** I saw a vision of an ace of spades laid down before me. I looked up what an ace up your sleeve

means and it is a plan or piece of information kept secret until it becomes necessary to use it.

The Lord said *“I made an agreement with the devil that I wouldn’t heal you until you trusted Me – seems I have tied My own hands and sealed your fate – or have I? The devil doesn’t know the true meaning of trusting Me. First of all what is trust? The ability to put your life in someone else’s hands and enable them to keep it and never ask for it back. When you handed your life over to Jesus did you ever ask for it back?”* “No” I replied. *“The whole walk in Christ is to exchange your life with the life of Christ. The ultimate trust is to hand over your life to Me and never ask for it back. That is the key to unlocking the door. Behold, I stand at the door and knock. If anyone hears My voice and opens the door, I will come in to him and dine with him, and he with Me (Revelation 3:20, NKJV). The problem is people do not know how to open the door of their heart. The door to your heart is your life. The ultimate sacrifice – the exchange of lives. The willingness to lay down your life for My sake. For whoever desires to save his life will lose it, but whoever loses his life for My sake will find it (Matthew 16:25, NKJV). Wanting to do the will of God and not the will of self. During this testing it has always been about you wanting to be well for Me so you could continue to do the will of God. All you need to do is be willing to lay down your life. I cannot enter through the door until you give Me your life. Only I know when this is truly done. The various tests confirm this. For you have need of endurance, so that after you have done the will of God, you may receive the promise: “For yet a little while, And He who is coming will come and will not tarry (Hebrews 10:36-37, NKJV). Are you ready to receive the promise? When I walk through the door to your heart you will also walk through Mine. I am the door. If anyone enters by Me, he will be saved, and will go in and out and find pasture (John 10:9, NKJV). Do you choose life?”* “Yes Lord Jesus I choose life.”

I then had a vision of an ambulance. I saw myself wheeled out on the stretcher with many drips attached to me. He then said *“When people are near death they do all they can to keep themselves alive. The problem is you need to die. You need to let go and let God. People fight to live – but you actually need to fight to die – die to self. Allow yourself to die to self instead of fighting that which is inevitable. Fighting to keep your life is a struggle. If you had of rested in Me it would have been easier. Jacob wrestled with God. It is part of the fallen nature to wrestle and not to rest – no one is immune from it. However at the end of the struggle you may be left with a limp but God blesses you there! How do you know when you have come to that place? When God has left such a mark on you that you know you cannot go on without Him. God knows when you have come to the end of yourself and your life is no longer yours to live. He knows your tolerance level and how much you can handle. He has to take you to that place. If you give up and walk away you do not receive the blessing. Fight the good fight – he that endures to the end will receive the promise – the crown of life. The crown belongs to the Prince – the Prince of Peace and when He bestows it upon you, you receive wholeness, blessing and peace. You receive access to an open Heaven and all it has to offer. Only God knows when to stop the fight – you need to keep fighting until the end. It is in*

His timing. Jacob wrestled with God and won. God said to Jacob during the fight 'Let me go'. Jacob said 'I will never let You go until You bless me'. How do you win? You never stop – you never throw down the gauntlet. You never walk away and you don't let go of God during the struggle until He blesses you!"

(PRAYER) – "I (Name) choose life. I open the door to my heart which is my life and exchange it with the life of Christ. I lay down my life for Christ's sake. I declare to You Father God that in this wrestling match between You and I that I will not let You go until You bless me, Amen".

Should we forgive the Devil? – I was sitting at my dining room table recently when a voice spoke to me. It said "What about the devil, should you forgive him?" It then said "The greatest power you can have toward the devil is to forgive him. If you carry unforgiveness in your heart toward him, then when you forgive him, God can forgive you." I pondered this and wondered if this was scriptural, after all we are supposed to forgive and bless our enemy. This is written throughout Scripture but does it apply to the devil? I googled this subject and found people who had written opinions for and against this. I prayed and asked the Holy Spirit in Jesus name to give me a revelation on this topic.

I went back to see what I had written in regard to the revelation I got from God a few years earlier about whether we are supposed to hate the devil. After re-reading I determined again that yes we are to hate him, but of course the best thing to do regarding this is to not waste our time focusing on hating him, but instead focus our time and attention on loving God. As I was pondering, the Holy Spirit dropped a Scripture into my spirit. ***Therefore submit to God. Resist the devil and he will flee from you (James 4:7, NKJV).*** I took the word resist back to the original Greek transcripts. The word for resist is **anthistemi** and means to set one's self against, to withstand, oppose and set against. This Scripture right here tells us what we need to do against the devil – oppose him. Forgiving him goes against this Scripture. The Lord then spoke to me and this is what He said: - ***"To forgive means to let go of an offense caused by another person. Why should you 'not' forgive the devil? Forgive means to let go of the fight. You are to stand against and oppose the devil. He is the epitome of evil. You are to resist (withstand, oppose) and fight against the devil. The devil already has access to your carnal nature (soul and physical body) because of sin and unyielded areas. He also has access to your promised land. To forgive him means you are letting go of your fight. The devil has stolen your inheritance. To forgive him means you are no longer actively engaging warfare against him. Every believer in Christ has to actively engage warfare against satan and his demons to gain back what he has that is meant to be yours. Forgiving the devil is giving him the victory. Notwithstanding him and not warring against him is on par with forgiving him because you have let go of the fight. Too many Christians have become passive against the devil. Some believe they do not need to fight him. They believe Christ has done it all for them and that they no longer need to engage against him. Others are too afraid. To resist does not mean to 'ignore and fall ignorant of his devices'. To 'forgive'***

the devil or 'not take an active stand against the devil' means you are giving him permission to win. It is time to fight and take a stand. Christ has gone ahead of you and prepared the way. Renounce any time you have forgiven the devil and/or 'not withstood and war fared' against him, which is what a believer in Christ is meant to do. How do you actively engage and warfare against the devil? Put on the full armour of God of course."

Finally, my brethren, be strong in the Lord and in the power of His might. Put on the whole armor of God, that you may be able to stand against the wiles of the devil. For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age - against spiritual hosts of wickedness in the heavenly places. Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand.

Stand therefore, having girded your waist with truth, having put on the breastplate of righteousness, and having shod your feet with the preparation of the gospel of peace; above all, taking the shield of faith with which you will be able to quench all the fiery darts of the wicked one.

And take the helmet of salvation, and the sword of the Spirit, which is the word of God; praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints—and and for me, that utterance may be given to me, that I may open my mouth boldly to make known the mystery of the gospel, for which I am an ambassador in chains; that in it I may speak boldly, as I ought to speak (Ephesians 6:10-20, NKJV).

The key to fighting the devil is putting on the full armour of God. The Lord showed me that putting on the armour is more than just praying this over yourself every day. Many people think praying this over themselves is enough. It is not. Putting on the armour requires an action from us. It requires knowledge of God's Kingdom, His ways, and faith in His word, including the ability to use His word. Putting on the armour is faith with works. ***Thus also faith by itself, if it does not have works, is dead (James 2:17, NKJV).***

What action is required for each piece of the armour?

The belt of truth is all about the truth and knowledge of God. It is about asking God to expose deception and mind-sets that you may be under that are hindering you. Ask Him to clothe you in His truth and reveal any deception and mind-sets to you. It is the revelation of His truth that breaks mind-sets and enables you to walk in freedom. It is His truth that sets us free.

The breastplate of righteousness is about knowing only through Christ's blood you are deemed worthy and that no works of your own can make you righteous. It is about knowing that the devil can no longer condemn you for your weaknesses because the power of Christ can heal and rest upon them, if you are willing to lay them all down to

Him. It is allowing yourself to be vulnerable and recognising that you cannot do it without Him. It is about rising up in power - His power and knowing you can only do all things through Christ who strengthens you.

Feet being shod with the preparation of the gospel of peace is when we truly allow ourselves to take comfort in the good news promised by God, there is nothing from outside ourselves that can trouble our hearts or give us reason to be afraid. If you believe and are living the Good News you will want to preach the Good News. The Gospel of Peace gives you peace of mind. Sturdy unshakeable faith, even in the bad times. The Gospel of Peace keeps you firmly grounded. Walking with God through the trials and trusting Him to outwork in you those things that are contrary to Him enables Him to give you peace and comfort. The ultimate outcome is when we can walk as Christ walked. It is about allowing Christ to put to death the old you so that you can be seen as an ambassador of Christ walking in the ways of Christ and not as the world walks. True peace can only come when you allow Christ to crucify the old you (and all the fleshly areas) so the new you is reborn. Living and walking in the Spirit and not in the flesh. ***For to be carnally minded is death, but to be spiritually minded is life and peace (Romans 8:6, NKJV).***

The shield of faith is to trust and believe in the unseen things of God no matter what the circumstances. God implants within us a seed of faith and it is up to us to draw on that faith and build upon it. Jesus has prayed for us that our faith will not fail us. As long as we continue in Him and do not walk away He will help you to build that faith. Faith comes by hearing and by hearing the word of God. Ask God to give you Rhema words so that you can hear what He is saying to you. Ask Him to confirm these words to you so that they can become within you a deep seated faith that is unshakeable. Declare Gods word and His promises out loud over yourself daily so that the enemy will not be able to penetrate through this strong wall of belief you have built around them by your declaration. Sometimes God wants to test your faith in His Son by allowing trials to prove your faith. In my case even though I wasn't seeing my promises come to pass I still believed with my whole heart that only Jesus could save me. This belief prevented me walking away from Him even when I was in a place of unbelief and discouragement about ever receiving my promises.

The helmet of salvation is our promise from God that we are saved simply by believing in Jesus Christ to save us. The gift of salvation is free. It is given to us, not by our own works of righteousness but by faith as we believe in Jesus Christ to save us. Nothing outside of Jesus can give us eternal life and the inheritance of Heaven and all it has to offer. The word helmet in Greek is **Perikephalaia** and means the protection of the soul which consists in (the hope of) salvation. Helmets are also know to protect the head from heavy blows. It is my belief that this helmet also protects our minds when we when trust and have faith in Christ and Christ alone for our salvation. We are to ask Jesus to give us the mind of Christ. Our renewed thinking will protect us from entering into doubt and unbelief and even sin. The mind of Christ is not automatic and does not happen immediately upon being born-again when we receive Him as our Lord and Savior. The mind of Christ happens as we allow Him to remove old mind-sets and worldly thinking.

The Sword of the Spirit of course is the word of God. Everything in God's word is truth. If we don't believe His word then we are entering into unbelief and missing a vital part of our armour. The sword is our counter attack weapon. We need to study His word, understand His word (by asking for revelation via the Holy Spirit) and actively stand on His word. We need to get the promises that God has given to us personally and declare them every day, alongside of what the word of God says. We need to fill ourselves with Gods truth so that when the enemy comes against what the word says we can come against his lies using declaration filled with faith and belief. We need to do this instead of partnering with his lies and allowing doubt to steal our promises. We need to counter attack His lies with His Scriptural truth, just as Jesus did in the wilderness when He was being tested.

Praying always with all prayer and supplication in the Spirit – We need to pray to God daily, not only for ourselves but for others and our nations. We need to pray in tongues as often and as much as we can. Praying in tongues is the Holy Spirit interceding for us on our behalf. There may be times that the Holy Spirit will put a burden upon you and it needs to be released by praying in tongues.

Utterance – Utterance in Greek is **logos** and also **apophtheggomai** and means word spoken by a living voice, a decree, mandate, order or prophecy and to speak out, pronounce. In other words it is prophetic utterance and speaking out what God has spoken to you. Ask God through His Holy Spirit to give you His words so that you can speak Gods truth into other people's lives. Tell God that you are available to Him to be used by Him wherever and whenever He needs you to be His spokesperson.

(PRAYER) – “Father God in Jesus name I repent for any time I forgave satan and his demons. I repent also for any time I did not withstand and actively oppose satan and his demons and allowed him the victory. I put on the whole armour of God to stand against the wiles of the devil. I put on the belt of truth to expose deception. I put on the breastplate of righteousness to thwart condemnation and restore self-worth. I declare that only through the putting on of the righteousness of Christ that I am worthy. I shod my feet with the preparation of the gospel of peace as comfort, to remove all worries and burdens. Thank You for all the trials so the works of God could be made manifest. I take up the shield of faith to trust and believe in the unseen things of God, and to quench the fiery darts of the enemy. I put on the helmet of salvation as a seal for eternal life, and as protection for my mind and soul. I take up the sword of the Spirit, the Word of God as my weapon and will use it against the lies of the enemy. Help me Holy Spirit to pray and show me who and what to pray for. I ask that utterance may be given to me so I can open my mouth boldly, to speak Your truth into the lives of others and to make known the mysteries of the gospel. These things I pray in Jesus name, Amen.”

Post Deliverance Infilling Prayer - “I break every curse over my life from preconception to the present day in the name of Jesus Christ. I ask Father God that every curse would be replaced with a blessing. In the name of Jesus and by the stripes He bore on His body I pray for healing within every area of my spirit/soul and body. (*Pray specifically for all ailments*). I command all misalignments to come into divine order in Jesus name. I cast out the spirit of infirmity in Jesus name. I cast out

fear, shock and trauma in Jesus name. I command every fibre, every cell and every part of this body to come into divine order. I command all pain to leave in Jesus name. I pray for a creative miracle in all areas where body matter needs to be regenerated. I command all cells, cell structure, DNA, RNA, and all parts of the spirit/soul and body not to remember all traumas in Jesus name. I pray for the fire of God to burn off all remaining remnants and dross in Jesus name. I command every demon who has access to me to leave immediately in Jesus name. With the blood of the lamb I seal all doorways closed to the demonic and declare that demons can only exit and not re-enter. I bind the demonic doorkeepers and terminate their assignment against me in Jesus name. I ask for the Holy Spirit to infill with light all areas that were once dark in Jesus name. I pray for a hedge of protection to be placed around me and for any holes to be repaired in Jesus name. Thank You Father God in Jesus name for delivering me".